




## Microchanneling Post-Care Instructions


1. Preferably no other products are applied until the following day, (although technically it is safe to apply products and makeup after about 2 hours).
2. Beginning the following morning; apply the Cellular Renewal Serum (Serum #1) and Healing Accelerator Serum (Serum #2) from Aftercare Kit to enhance results. Cleanse with gentle cleanser and apply 1-3 pumps of each serum. Apply daily, morning and evening.  
**AM routine:** Gentle Cleanser, Serum #1, Serum #2, Sunscreen with SPF30+  
**PM routine:** Gentle Cleanser, Serum #1, Serum #2, Gentle Moisturizer if preferred.  
The Aftercare Kit may last up to 7 days, after finishing this kit, you may return to your normal skincare routine containing actives such as AHA/BHA, vitamin C, and retinols.
3. Avoid exposure to pet dander and other irritants as best as you can to avoid potential mild allergic reactions. Avoid extensive sun exposure (No Beach or Hiking) and extensive sweating (gym, working out, playing sports) within the first 24 - 72 hours.
4. Your skin may feel hot and tight, like a mild sunburn. Apply gentle moisturizer or facial mist and you may apply a cool damp wash-cloth as desired.
5. For your first treatment, (and treatments at .25mm in general) you can expect mild redness and swelling, and a tight, warm sensation for between 4 - 24 hours.
6. Later treatments, or those with longer needle lengths may produce redness and swelling along with tiny flecks of redness for between 24 - 72 hours. (These are easily covered with a quality mineral makeup).
7. Mild skin sloughing may occur for a few days after treatment. Mild acne and milia can occur in **rare** cases. Don't pick and they'll go away in a few days.
9. TransEpidermal Water Loss is a common temporary side effect and could leave you feeling dry through the first week. Keep the recommended moisturizer with you during the day and apply as frequently as necessary to avoid a dry sensation. The more you moisturize the better your results will be. Stay hydrated to replenish internal hydration!
10. Return for a follow up treatment in about a month or as recommended.


If prolonged irritation occurs, please **Contact** our studio.

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Let us know how we did !

Thank you for trusting us with your skincare journey!  
Send & tag us on your selfies and social media :)



AVOID MAKE-UP FOR AT  
LEAST 4 HOURS AFTER A  
FACIAL TREATMENT



DO NOT USE ACTIVE  
INGREDIENTS (AHA,  
RETINOLS, HIGH STRENGTH  
VITAMIN C,...) FOR 5-7 DAYS  
AFTER YOUR FACIAL



CLEAN, TONE, AND  
MOISTURIZE YOUR FACE DAILY,  
RE-MOISTURIZE AS DESIRED



AVOID HEAT, SAUNAS, HOT  
BATHS & SHOWERS, A HOT  
HAIRDRYER, HIKING,  
BEACH, WORKOUTS 24 - 72  
HOURS POST FACIAL



ALWAYS WEAR SUNSCREEN  
WITH SPF 30+ TO PROTECT  
THE SKIN. REAPPLY EVERY 2  
HOURS



DO NOT HAVE ANY OTHER  
FACIAL PROCEDURES,  
WAXING, THREADING FOR  
AT LEAST 2 WEEKS



DRINK PLENTY OF WATER  
TO KEEP YOUR SKIN  
HYDRATED



BOOK YOUR NEXT FACIAL  
MONTHLY OR AS  
RECOMMENDED

Please follow above guidelines for optimal results